



Find your size

Makes it easy to find the right size for you. The tape measure gives you the opportunity to find the perfect size for your ARMD bracelet in four steps.

1. Print

Print on a A4 size paper in original size. (Actual size or 100%)

2. Cut

Cut out the tape measure and cut a slit at the point that has been marked.

3. Measure

Place the tape measure around your wrist and stick the point in the slit. Make sure the piece of paper has a comfortable fit for your wrist. (Not too tight)

4. Order

Look at the number that is located next to the opening of the slit. Compare the number with the tables marked on the printed A4, and place your order.

- Small 16-17.5cm
- Medium 17.5 - 19 cm
- Large 19 cm - 20.5 cm

